

## Strawberry and Orange Summer Salad



Adapted from: plantyou

Recipe link: <https://plantyou.com/strawberry-cucumber-salad/>

### **Ingredients**

#### Salad

- 2 cups strawberries, sliced
- 1 cup fresh mint, chopped
- ½ cup walnuts, crushed
- 1 cucumber, sliced
- ½ cup feta cheese
- 1 cup mixed greens

#### Orange vinaigrette

- ½ orange, squeezed
- 2 tbsp dijon mustard
- 1 tbsp maple syrup
- 3 tbsp olive oil
- 1 tbsp apple cider vinegar

### **Instructions**

1. Slice strawberries and cucumber, and chop mint leaves.
2. Crumble feta cheese.
3. Place walnuts in a sealed bag (or on a cutting board covered with a kitchen towel) and crush with a rolling pin, back of a measuring cup, or the bottom of a heavy glass.
4. Add mixed greens, strawberries, cucumber, and mint to a bowl.
5. Juice orange using a fruit juicer or by hand. Add orange juice to a jar or bowl along with Dijon mustard, maple syrup, olive oil, and apple cider vinegar.
6. Top salad with crushed walnuts and a sprinkle of feta cheese.
7. Pour the dressing over top of the salad and enjoy immediately!